

Brown Bag: Hoopin' For Health

Presented by Amy Taylor

What: Students, Faculty, and Staff are invited to bring their lunch and learn about the health benefits of hooping. This presentation will be educational, fun, and interactive.

Haven't hooped before? Please join us!

All are welcome!

When: April 2nd, 11am-12pm

Where: Student Center 108

Sponsored by the NWACC Spring Wellness Series!