

Academic **SUCCESS** Workshops

Please join us this spring in **Student Center (SC) 314** to learn how you can succeed in college and in life! We will learn about *study skills to final exams, scheduling time to managing stress, how to take notes to how to use a calculator*, and much more. **BRING A FRIEND!**

WEDNESDAYS at 11AM

January 28 Cornell Note-Taking

Why the Cornell method of note-taking works and how you can use it to make the most of your study time and learn more efficiently

February 4 Study Skills

Learning style assessment, study management plan, adapting to different courses, note-taking overview, and general test preparation

February 11 Test Taking & Anxiety

Test preparation (note-taking and study management plan), test-taking tips, how to deal with test anxiety

February 18 Learning Styles

Learning style assessment, strengths assessment, and how identifying both can make you are better learner

March 11 Balancing Life: Time & Stress

How to create a time management plan (for school, work, & home), find a personal connection to course work, incorporate campus life into academic learning, and learn healthy ways to cope in stress situations relating to college life

March 18 Why Math Matters (from an English Teacher)

Cultural and personal attitudes about math, what concepts can be taken from math to use every day, and why math matters to your education and career

THURSDAYS at 2PM

January 29 Cornell Note-Taking

Why the Cornell method of note-taking works and how you can use it to make the most of your study time and learn more efficiently

February 5 Study Skills

Learning style assessment, study management plan, adapting to different courses, note-taking overview, and general test preparation

February 12 Test Taking & Anxiety

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February 19 Learning Styles

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March 12 Balancing Life: Time & Stress

How to create a time management plan (for school, work, & home), find a personal connection to course work, incorporate campus life into academic learning, and learn healthy ways to cope in stress situations relating to college life

March 19 Why Math Matters (from an English Teacher)

Cultural and personal attitudes about math, what concepts can be taken from math to use every day, and why math matters to your education and career

WEDNESDAYS at 11AM

April 14 Weeks to a Better Grade

How to create an accelerated study management plan that prioritizes end-of-semester assignments, identifies areas that can be improved in a month, and kicks off finals prep today

April 8 Study Skills

Learning style assessment, study management plan, adapting to different courses, note-taking overview, and general test preparation

April 15 Technology 101

How to navigate My NWACC Connection, Success Planner, and more as you plan for next semester

April 22 Balancing Life: Time & Stress

How to create a time management plan (for school, work, & home), find a personal connection to course work, incorporate campus life into academic learning, and learn healthy ways to cope in stress situations relating to college life

April 29 Test Taking & Anxiety

Test preparation (note-taking and study management plan), test-taking tips, how to deal with test anxiety

THURSDAYS at 2PM

April 24 Weeks to a Better Grade

How to create an accelerated study management plan that prioritizes end-of-semester assignments, identifies areas that can be improved in a month, and kicks off finals prep today

April 9 Cornell Note-Taking

Why the Cornell method of note-taking works and how you can use it to make the most of your study time and learn more efficiently

April 16 Technology 101

How to navigate My NWACC Connection, Success Planner, and more as you plan for next semester

April 23 Balancing Life: Time & Stress

How to create a time management plan (for school, work, & home), find a personal connection to course work, incorporate campus life into academic learning, and learn healthy ways to cope in stress situations relating to college life

April 30 Test Taking & Anxiety

Test preparation (note-taking and study management plan), test-taking tips, how to deal with test anxiety

For more information, contact the Academic Success Center at asc@nwacc.edu or (479) 619-4241.